



Report on Observance of World Health Day 2024

Among one of WHO's 11 global health campaigns, the World Health Day traces its origins to 1948 during the inaugural Health Assembly. Established on April 7, the founding date of WHO, World Health Day serves to raise awareness of global health issues and garner support for their resolution.

Each year, a specific health theme is highlighted, addressing critical areas of concern. Past themes have encompassed mental health, maternal and child care and climate change, among others. Activities surrounding the day include information-sharing, awareness-raising, and education initiatives aimed at fostering understanding of various health issues, disorders and mental health concerns.

The theme for this year's World Health Day 2024 'My health, my right' highlights that getting access to essential health services should no longer be a privilege but one's right. As per The WHO Council on the Economics of Health for All, at least 140 countries recognise health as a human right in their constitution, yet countries are not passing and putting into practice laws to ensure their populations are entitled to access health services.

NSS and Extension Activity Cell, Lumding College observe World Health Day in the college seminar hall on **7th April, 2024 at 10.30Am onwards**. Programme Officer, NSS Lumding College Unit offered the inaugural address and describe the importance of the day. Mr. Shaleh Akram, Assistant Professor, Department of Botany, Lumding College while delivering his key note address urge the youngsters to refrain from junk foods. He further elaborately discusses the mantras of World Health Organisation, 'Health is a state of complete physical, mental and social well-being and not merely the absence of disease or infirmity.' He believes that a person who eats healthy food, drinks an adequate amount of water, regularly exercises and gets proper sleep is considered a healthy person.' A good number of students attend the function along with faculties of the college. Mr. Sujay Malakar, NSS volunteer who extends the vote of thanks.





Report prepared by:
Rapporteur Group, IQAC,
Lumding College



Dated: 08.04.2024

Signature



AnyScanner



1. Mrs. Seema Nath (Convener)
2. Mrs. Antara Choudhury (Member)
3. Ms. Sudhangshu Priya Bharati (Member)
4. Ms. Sampurna Bora (Member)
5. Ms. Deborah Daolagupu (Member)
6. Dr. Jahnabi Das (Member)
7. Ms. Chandrawali Goswami (Member)

Seema Nath
A. Choudhury

8/8

Snora

Daolagupu

Jahnabi

9

