

REPORT ON

NATIONAL MENSTRUAL HYGIENE DAY-2022



On 28/05/2022, NSS & Extension Activity Cell, IQAC, Lumding College, observed National Menstrual Hygiene Day at the college. Menstrual Hygiene Day (MH Day) is celebrated on 28 May every year. It falls on the day of the International Day of Action for Women's Health 2022 across the world. The day is celebrated to highlight the importance of menstruation and aims to raise awareness about the social issues and challenges faced by women during menstruation and also to break the taboos and end the stigma surrounding menstruation. It also highlights how many women don't have access to sanitary products and care.

Around 23 students along with the teaching staff of Lumding College painted a red dot on their palms and joined the programme held in relation to observance of the day inside the college premises.

Some snaps from the day:



Report prepared by:

Dated: 28.05.2022

Rapporteur Group, IQAC, Lumding College

1. Mrs. Seema Nath (Convener)

2. Mrs. Antara Choudhury (Member)

Signature

A handwritten signature in blue ink, appearing to be 'A. Choudhury'.

A. Choudhury

3. Ms. Sudhangshu Priya Bharati (Member)
4. Ms. Sampurna Bora (Member)
5. Ms. Deborah Daolagupu (Member)
6. Dr. Jahnabi Das (Member)

Sudhangshu

Jahnabi

